

Vlasinka

(Serbia)

This dance is from southeastern Serbia.

Pronunciation:

Music: 2/4 meter *Serbian Folk Dance, Vol. 3, Track 2*

Formation: Open circle, belt hold or V-pos.

Styling: Light, flat footed, with knee flexes on each step.

Meas 2/4 meter Pattern

4 meas INTRODUCTION. No action.

I. FIGURE I.

1 Walk two steps CCW beginning with R: Step R (ct 1); step L (ct 2).

2-3 Repeat meas 1 twice (total of six Walking steps). End facing ctr.

4 Small step R to R (ct 1); small step L to L and slightly back (ct 2); step R in front of L (ct &).

5 Repeat meas 4 with opp ftwk.

6 Repeat meas 4.

7-12 Repeat meas 1-6 moving CW with opp ftwk.

II. FIGURE II.

1 Facing and moving CCW, step R slightly to R with slightly bent knee (ct 1); bringing L next to R, bounce twice with straight legs (cts 2,&). Take wt onto L on second bounce.

2-3 Repeat meas 1 twice. End facing ctr.

4-6 Repeat Fig I, meas 4-6.

7-12 Repeat meas 1-6 moving CW with opp ftwk.

III. FIGURE III.

1 Facing ctr, jump onto both ft with L slightly fwd of R (ct 1); hop on R bringing L ft up and behind R (ct 2); step on L behind R (ct &).

2-3 Repeat meas 1 twice. End facing ctr.

4-6 Repeat Fig I, meas 4-6. Note: steps become leaps, with unweighted heels lifted behind. Meas 4 faces diag L of ctr, meas 5 diag R of ctr, meas 6 diag L of ctr.

7-12 Repeat meas 1-6 moving CW with opp ftwk.

Leader calls changes. Dance ends with 3 stamps (L, R, L) in place.

Presented by Miroslav "Bata" Marčetić